

ABLAZE KEYNOTE 3-12-17

PRAYER: ANIMA CHRISTI

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within Thy wounds, hide me.
Separated from Thee let me never be.
From the malignant enemy, defend me.
At the hour of my death, call me.
To come to Thee, bid me,
That I may praise Thee in the company
Of Thy Saints, for all eternity. Amen.

KEYNOTE: BLOOD AND FIRE—THE NOURISHMENT AND STRENGTH OF CITIZENS OF THE KINGDOM

I. Living between Defeat and Victory, Heaven and Hell

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| A. | Garden of Eden | Cenaculum/Calvary |
| | 1. Father of lies/murderer | Father of Truth and Life |
| | 2. Tree (Disobedience/Death) | Tree (Obedience/Life) |
| | 3. Adam | The Last Adam (Jesus) |
| | 4. Eve | The New Eve (Mary) |
| | 5. Forbidden Fruit | Fruit of Mary's Womb |
| | 6. Loss of Grace | Fullness of Grace |
- B. Those Fallen in Defeat Are Lifted Up in Victory: Three Gifts to the Victors
1. The Sacred Heart—The Body and Blood of Christ: "He who eats my Flesh and drinks my Blood has eternal life, and I will raise him up at the last day." (John 6:54)
 2. The Immaculate Heart—Mary: "Behold, your Mother!" (John 19:27)
 3. Fire of the Holy Spirit—"They were all filled with the Holy Spirit" (Acts 2:4)

II. Love Nourished in the Blood of Christ

- A. Priest and Victim—Christ offers and is offered.
- B. Slain Lamb
1. Loving Sacrifice
 2. Acceptable Gift to the Father
 3. Saving Gift for Us
 - a. Exodus of the Old Covenant—Passover
 - b. Exodus of the New Covenant—Eucharist
- C. Blood
1. Saves and Gives Life
 2. Purifies
 3. Sustains and Strengthens
 4. Comes from Love and Returns to Love (The Heart)
 5. Poured out—Christ's Life, Our Lives

D. Piercing: Wounds of Love—Passion and Compassion

1. Jesus: “One of the soldiers pierced His side with a spear, and at once there came out blood and water.” (John 6:34)
2. Mary: “A sword will pierce through your own soul also, that thoughts out of many hearts may be revealed.” (Luke 2:35)
3. Christians—By grace in the Waters of Baptism and in the Blood of the Eucharist, our hearts are united to the piercing of the Sacred Heart and of the Immaculate Heart.
4. Sorrow and Joy are woven into one True and Sacrificial Love.

III. Love Confirmed in the Fire of the Holy Spirit

A. Moses—“The angel of the Lord appeared to him in a flame of fire out of the midst of a bush; and he looked, and lo, the bush was burning, yet it was not consumed.” (Exodus 3:2)

1. The Bush (Mary)/The Flame of Fire (overshadowing of the Holy Spirit)
2. Exodus—Cloud and Pillar of Fire (Holy Spirit and Christ)

B. Pentecost

1. Reversal of the dispersion of Babel through Communion in the Gospel
2. Aspects of Fire
 - a. Warmth of love
 - b. Raging holy desire
 - c. Purging and refining what is precious
 - d. Dispelling darkness and fear

3. Trials and Tribulations—“In this you rejoice, though now for a little while you may have to suffer various trials, so that the genuineness of your faith, more precious than gold which though perishable is tested by fire, may redound to praise and glory and honor at the revelation of Jesus Christ.” (1 Peter 1:6-7)

C. Purified Heart = A Heart on Fire with God’s Holy Love: “Having purified your souls by your obedience to the truth for a sincere love of the brethren, love one another earnestly from the heart.” (1 Peter 1:22)

QUESTIONS

- I. What are the common piercings of our hearts that reveal the truth about our hearts and serve as opportunities for loving union with the Sacred Heart and Immaculate Heart?
- II. What does the Gospel encourage us to do to ignite the fire of holy desire within our hearts and sustain, even increase, its intensity?

MISSION

- I. Morning Prayer: “Anima Christi”
- II. Mental Prayer: 5/5/5 (children) or 10/10/10 (teen/adult)
 - A. Gospel of the Day or Any Passages from Scripture
 - B. Stories or Writings of Saints
 - C. Passages from Theological or Catechetical Writings
 - D. Particular Decades of the Rosary
 - E. Visual Images

III. Examination of Conscience followed by an Act of Contrition

- A. When my heart was pierced with sorrow, did I withdraw into my own sadness or instead unite my suffering to the pierced Immaculate Heart and Sacred Heart, pouring out mercy and kindness upon others who suffer, and even upon enemies who may have caused the sorrow?
- B. This day, when did I open and pour out love from my heart in tenderness and mercy, and when did I close and harden my heart in fear, anger, or lust?
- C. Did trials today enlighten my mind and purify my heart, or darken my intellect and poison my heart?
- D. Today, was I refined by holy desire or dirtied by impure desires?