

QUESTIONS/MISSION PF/8 ABLAZE 1-17/20-16

QUESTIONS

- I. The world and its mammon, the flesh and its sensuality, and the devil with his malicious pride threaten our holiness of life and the purity of our love. Do you see one of these threats as most prevalent in our culture? If so, explain why you believe this.
- II. Prayer, fasting, and almsgiving remain the three essential ways to overcome the attacks of the fallen world, the wounded flesh, and the malicious devil. Of these three holy weapons in our spiritual battle, do you see one of them as most lacking in our culture? If so, explain why you believe this to be the case.

MISSION

- I. Add the Cantic of Zechariah (Benedictus) to morning prayers.
- II. 30 Minutes of mental prayer.
- III. Nightly Examination of Conscience:
 - A. How have my thoughts, words, and deeds shown God, my neighbor, and myself that the Eucharist is truly the source, summit, and center of my life?
 - B. How have I responded to the most recent Holy Mass I attended? For example:
 1. Am I examining my conscience and confessing my sins?
 2. Am I giving glory and thanks to God for His mercy?
 3. Am I reflecting on the Gospel message and living in accord with it?
 4. Am I recalling and proclaiming Christ's passion, death, and resurrection?
 5. Am I living in communion with Christ and witnessing to this communion with Christ in my ordinary activities and current relationships?
 - C. What am I doing to prepare carefully to participate with greater reverence and devotion in the next Holy Mass I will attend?