

## QUESTIONS/MISSION ABLAZE PF/8 1-10/13

### QUESTIONS

- I. What attitudes, decisions, and actions by a mature Christian reveal that the Eucharist is actually the source, summit, and center of his or her life?
- II. In what ways are those who receive the Sacrament of Holy Orders called to serve communion and mission? In what ways are those who exchange the sacred vows of Holy Matrimony called to serve communion and mission?

### MISSION

- I. Add the Canticle of Zechariah (Benedictus) to morning prayers.
- II. 30 Minutes of mental prayer.
- III. Nightly Examination of Conscience:
  - A. How have my thoughts, words, and deeds shown God, my neighbor, and myself that the Eucharist is truly the source, summit, and center of my life?
  - B. How have I responded to the most recent Holy Mass I attended? For example:
    1. Am I examining my conscience and confessing my sins?
    2. Am I giving glory and thanks to God for His mercy?
    3. Am I reflecting on the Gospel message and living in accord with it?
    4. Am I recalling and proclaiming Christ's passion, death, and resurrection?
    5. Am I living in communion with Christ and witnessing to this communion with Christ in my ordinary activities and current relationships?
  - C. What am I doing to prepare carefully to participate with greater reverence and devotion in the next Holy Mass I will attend?