

QUESTIONS/MISSION ABLAZE PF/8 2-7/17

QUESTIONS

- I. Have I moved beyond praying the Rosary only vocally? What specific steps could I take to make the Rosary a mental prayer leading to contemplation?
- II. Which do I find most difficult when praying the Rosary: attending to the the particular Mystery of a given decade, saying with reverence and thoughtfulness the familiar words of each prayer, or envisioning how the Mysteries of the Rosary are linked to the unfolding mysteries in my own life?

MISSION

- I. During openings of time throughout the day: “The Jesus Prayer”
- II. Mental Prayer (30 minutes)
- III. Nightly Examination of Conscience:
 - A. The Memory: Do I form my memory with what is true and beautiful, both by words and by images? Do I ask the Lord to heal my memory, to drive forth from it what is unholy, to imbue it with what is holy, and to direct it under the power of the Holy Spirit?
 - B. The Intellect: Do I use right reason and deepen my understanding of natural truths through the light of revelation and the proper formation of my conscience? Do I lose perspective because of thoughts shaped and clouded by emotional wounds and traumatic memories? Do I work hard to strengthen my intellect both naturally (study/reading) and supernaturally (meditation, frequent sacramental participation, study of doctrine, reading spiritual works by saints or trustworthy writers)?
 - C. The Will: Do I fulfill my responsibilities faithfully in my station in life, particularly in my vocation and profession? Do I heed my formed conscience and the inspirations of the Holy Spirit with prompt loving obedience, trust, and thanksgiving?