

QUESTIONS/MISSION ABLAZE PF/8 1-31/2-3

QUESTIONS

- I. Describe moment of prayer wherein I experienced an “epiphany”—a sudden moment of illumination wherein God’s action in my life became clear and palpable? Was there anything unique about the context and circumstances in which I experienced this “epiphany”?
- II. Which on of the three actions listed below do I find most difficult to practice and why?
 - A. Thinking about God to move my heart to love Him.
 - B. Speaking from my heart to Him in my own words or even without words.
 - C. Listening to Him in silence, not only of lips, but of heart.

MISSION

- I. During openings of time throughout the day: “The Jesus Prayer”
- II. Mental Prayer (30 minutes)
- III. Nightly Examination of Conscience:
 - A. The Memory: Do I form my memory with what is true and beautiful, both by words and by images? Do I ask the Lord to heal my memory, to drive forth from it what is unholy, to imbue it with what is holy, and to direct it under the power of the Holy Spirit?
 - B. The Intellect: Do I use right reason and deepen my understanding of natural truths through the light of revelation and the proper formation of my conscience? Do I loose perspective because of thoughts shaped and clouded by emotional wounds and traumatic memories? Do I work hard to strengthen my intellect both naturally (study/reading) and supernaturally (meditation, frequent sacramental participation, study of doctrine, reading spiritual works by saints or trustworthy writers)?
 - C. The Will: Do I fulfill my responsibilities faithfully in my station in life, particularly in my vocation and profession? Do I heed my formed conscience and the inspirations of the Holy Spirit with prompt loving obedience, trust, and thanksgiving?