

BINDER INSERT ABLAZE PF/8 1/31-2/3

PRAYER: “JESUS PRAYER”:

“The name of Jesus is at the heart of Christian prayer” (#435, Catechism of the Catholic Church)

Lord Jesus Christ, Son of God, have mercy on me, a sinner.

KEYNOTE: PRAYER, A PATH TO ILLUMINATION FOR RADIATION

“From this loving knowledge of Christ springs the desire to proclaim Him, to ‘evangelize,’ and to lead others to the ‘yes’ of faith in Jesus Christ” (#429, Catechism of the Catholic Church).

- I. Missionary Disciple: On-going conversion leads to evangelization/witness
 - A. Fundamentals:
 1. Prayer
 2. Fasting
 3. Almsgiving
 - B. Spiritual Maturation:
 1. Purgation
 2. Illumination
 3. Union
 - C. A Deepening Life of Prayer:
 1. Vocal: Exterior expression that associates the body with interior prayer which becomes an initial form of contemplative prayer (CCC 2703-2705)
 2. Mental:
 - a. Meditation—understanding/purpose (discursive/reflective)
 - b. Contemplation—wordless union in mind and heart (intuitive)
- II. Mental Prayer (#483 Baltimore Catechism):
 - A. Meditation: “Thinking about God to move our hearts to love Him.”
 - B. “Our hearts than speak to Him in our own words or even without words.”
 - C. “Then we listen to Him in silence, not only of lips, but of heart.”
- III. Mental Prayer (Modern Catholic Dictionary, Fr. John A. Hardon, S.J.):
 - A. The memory: offers the mind material for meditation or contemplation
 - B. The intellect: ponders or directly perceives the meaning of some religious truth and its implications for practice
 - C. The will: freely expresses its sentiments of faith, trust, and love, and (as needed) makes good resolutions based on what the memory and intellect have made known to the will
- IV. Illumination (MCD, Hardon):
 - A. Enlightenment of the mind in the ways of God
 - B. A clear understanding of His will in one’s state of life